

The artwork is enclosed in a thick, distressed gold frame. The central figure is a woman with a pale, almost white complexion, shown from the waist up and in a dynamic, slightly twisted pose. She is surrounded by thick, vibrant red tentacles that wrap around her arms, torso, and legs. The background is dark and moody, with a gradient from black to a deep red. The overall style is reminiscent of classic pulp magazine illustrations or horror-themed art.

# SEEHER

Holding Onto Strings Better Left to Fray



Shaun Morgan 4



Dale Stewart 17



John Bush 11







# Holding Onto Strings Better Left to Fray



|                    |                 |
|--------------------|-----------------|
| Fur Cue            | Pass Slowly     |
| No Resolution      | Fade Out        |
| Here and Now       | Roses           |
| Country Song       | Down            |
| Master of Disaster | Desire for Need |
| Tonight            | Forsaken        |

#### BONUS TRACKS

|            |        |
|------------|--------|
| Dead Seeds | Nobody |
| Yeah       | Effigy |

Produced and Mixed by Brendan O'Brien



## Four Cue

It's all too revealing, your words are deceiving,  
I can't let you get in my way  
I sense all your actions are meant as distractions,  
you must know I won't play your game

Fake, you're more than I can take, and something's  
gonna break Get out of my head  
No shame, you're passing all the blame, and  
nothing's gonna change Get out of my head

You've made me realize that it's all a lie and it  
comes as no surprise  
Stay for a while, stay cause you make me smile  
there's no compromise

I'm sick of pretending the thoughts are unending,  
I can't let you get in my way (There's no way home)  
I'm no longer bending my mindset is mending and  
now I have something to say (Deny me)

Fake, you're more than I can take, and something's  
gonna break Get out of my head  
No shame, you're passing all the blame, and  
nothing's gonna change Get out of my head

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gonna change Get out of my head

You've made me realize that it's all a lie and it  
comes as no surprise  
Stay for a while, stay cause you make me smile  
I see no compromise

## No Resolution

I'm doing fine  
Even though you preyed upon my mind  
Been living a lie  
Seems every day it eats me

Yeah and there's no resolution  
Yeah but it makes me think twice  
Yeah and I need retribution  
You don't get it man I'm your pollution

I'm breathing sigh  
In passing away I'll take my time  
I'm still getting high  
I love the way it feeds me

Yeah and there's no resolution  
Yeah but it makes me think twice  
Yeah and I need retribution  
Just don't get it man I'm the solution now

You can't keep me down my friend  
You can't keep me down my friend

I'm doing fine  
Even though this hatred plagues my mind  
I'm living a lie  
But I love the way you need me

Yeah and there's no resolution  
Yeah but it makes me think twice  
Yeah and I need retribution  
You don't get it man I'm your pollution

Yeah and there's no resolution  
Yeah but it makes me think twice  
Yeah now I need retribution  
You don't get it man I'm the solution now



## Here and Now

This fear has me chilled  
down to the bone  
And I have been haunted by  
these things I still have left  
to say

I'm weary of fighting this  
alone  
So tired of holding on to  
strings much better left to fray

And I said  
Hear me now here and now I'm  
calling  
Memories wear me down and this  
Seems so complicated  
When all I want is just the  
truth

I'm wilted and faded after all  
Too strung out and burnt out  
to be  
Half the man that I could be

I'll never belong inside your  
world  
So black out the sun and leave  
me  
To play out the same old  
tragedy

And I said

Hear me now here and now I'm  
calling  
Memories wear me out and this  
Seems too complicated  
When all I want is just the  
truth

You're my savior after all  
Use your flame to guide me  
home  
And then lay your hand on me

And I said

Hear me now here and now I'm  
calling  
Memories wear me down and this

Seems so complicated  
When all I want is just the truth

Hear me now here and now I'm calling  
Memories wear me out and this  
Seems too complicated  
When all I want is a part of you



## Country Song

Well I can't stand to look at you now  
This revelation's out of my hands  
Still I can't bear the thought of you now  
This complication's leaving me scared

Stay when you think you want me  
Pray when you need advice  
Hey keep your sickness off me  
Trying to get through  
Blame all your weakness on me  
Shame that I'm so contrite  
Hey keep your fingers off me  
Why can't I get through

You think you have the best of intentions  
I cannot shake the taste of blood in my  
mouth

I keep on thinking that it's  
All done and all over now  
You keep on thinking you can save me save me  
My ship is sinking but it's  
All good and I can go down  
You've got me thinking that the party's all over

Well I can't stand to be with myself  
This liberation's seemingly rare  
And I can't stand the taste of your mouth  
This sublimation's out of my hands

You stay 'cause you think you want me  
Pray when you need advice  
Hey keep your sickness off me  
I'm trying to get through  
Shame you could take this from me  
Bane on an empty mind  
Hey keep your fingers off me  
why can't I get through

I keep on thinking that it's  
All done and all over now  
You keep on thinking you can save me save me  
My ship is sinking but it's  
All good and I can go down  
You got me thinking that the party's all over

Lay down just stay down  
Lay down because I'm trying to get through

Say what you want but you're not gonna  
win this time  
Take what you want but just leave me alive  
Say what you want but you're not gonna  
win this time  
Take what you want but just leave me alive

I keep on thinking that it's  
All done and all over now  
You keep on thinking you can save me  
save me  
My ship is sinking but it's  
All good and I can go down  
Still you believe that we can start it  
all over

Lay down just stay down  
Lay down  
just stay down  
Lay down  
Because I'm trying to get through



## Master of Disaster

Steal my sight and then  
Fill my mind with foreign words  
to keep me wanting

And speak now child  
And chill my heart  
with all the hurt and keep me  
suffering  
All these promises  
Lectures and bold face lies  
All these promises  
Born of a shameless mind

Leave me to heal on my own  
With these empty cool promises  
You stole my dreams  
Yeah all my dreams I'm dead inside  
Please let me feel my way home  
without reason or compromise  
You stole my dreams  
Now all I believe is dead inside

Be quick now child  
And soil my bed with all your dirt  
Just keep me suffering  
All these promises  
Lectures and bold face lies



All these promises  
Born of a shameless mind

Leave me to heal on my own  
With those empty cool promises  
You stole my dreams,  
Yeah all my dreams I'm dead inside  
Please let me feel my way home  
Without reason or compromise  
You stole my dreams  
Now all I believe is dead inside

Don't let me sleep  
Take me back  
But don't let me be comfortable  
If I get too weak  
Cut no slack  
But don't let me be comfortable

Don't let me sleep  
Take me back  
But don't let me be comfortable

Leave me to heal on my own  
With those empty cool promises  
You stole my dreams,  
Yeah all my dreams I'm dead inside  
Please let me feel my way home  
Without reason or compromise  
You stole my dreams  
Now all I believe is dead inside

If you say you're alive  
When you pray you're a liar  
Oh you'll hate when I'm right  
And you lay in the fire

tonight

I'm not gonna waste this  
This opportunity's mine  
I'm sick of complaining  
About a beautiful life  
How did we get here  
Did we forget all the things inside  
And how do we stay here  
Do we embrace all the things tonight

I feel so alive tonight  
You got me feeling sublime  
I want to yell it from the roof top down  
Until it's over  
And we're older

For my entertainment  
You tell a whimsical lie  
To keep me complacent  
You knock me down with a smile

How did we get here  
How do we pretend everything's alright  
And how do we stay here  
Do we erase all the fear inside

I feel so alive tonight  
You got me feeling sublime  
I want to yell it from the roof top down  
Until it's over and we're older

Like sugar and cyanide  
These walls are going to collide  
I want to yell it from the roof tops down  
Until it's over and we're older

So take me  
But go slow  
Let me hide somewhere I know  
And let this  
Seed grow  
Until we finally call this home

So take me  
But go slow  
Let me hide somewhere I know  
And let this  
Seed grow  
Until we finally call this home

If I was to die tonight  
Would it tear you apart  
Would you yell it from the rooftops down  
Until it's over and you're older

I feel so alive tonight  
You've got me feeling sublime  
I want to yell it from the rooftop down  
Until it's over and we're older

Like sugar and cyanide  
I wasn't meant to collide  
I'm gonna yell it from the roof tops down  
Until it's over and we're older

Pass Slowly

I think it's time for a change  
Cause things feel out of touch  
And I watch you walk away again  
Well this feels like too much  
And things won't go my way  
Now I'll have to fade away my friend

So pass slowly  
And carry me down  
Then render me lonely  
When you're not around

I need to shake off this pain  
But courage takes too much  
So I have to walk away again

Oh god I miss your touch  
The way you keep me safe  
I won't let you fade away my friend

So pass slowly  
And carry me down  
Remember me only  
When you're not around



Oh yeah  
Can't you stay awhile longer  
Oh yeah  
Won't you stay  
God please stay

And pass slowly  
And whittle me down  
Render me lonely  
When you're not around

So pass slowly  
And let me down easy  
Render me lonely  
When you're not around

Fade Out

Fade out like a photograph  
Just a memory to forget  
You burn black like a cigarette  
I'll discard you when I'm done  
You break down when you need the rest  
What a selfish way to drown  
Then lay down with the thief you met  
And enjoy the pride you've won

So let loose those tears darling  
Cause I'll turn my back

So tell me the story  
How you lose this all I'm guessing  
But don't tell me you're sorry  
I am through with it all and I won't  
be back again

I'm burnt out on your etiquette  
How you canonize the son  
Then lay down with another one  
As you canonize yourself

So let loose those tears darling  
Cause I'll turn my back  
So tell me the story  
How you lose this all I'm guessing  
But don't tell me you're sorry  
I am through with it all and I won't  
be back again

You're breaking all the rules and killing  
all my self esteem that's left  
You take me for a fool  
You're killing all my self esteem that's left  
So tell me the story

How you lose this all I'm guessing  
You're looking so worried  
Can you feel it come undone  
Such a pitiful story  
But I finally learned my lesson  
Don't tell me you're sorry  
I am through with it all  
And I won't be back again

ROSES:

You feed this disease  
Which you shelter underneath the scars  
And dream of bitter themes  
Rendered helpless by those wicked charms  
But please don't believe  
When I say it's hard to breathe

Save me  
Even as you break me  
Every time you rape me  
Leave me coming all undone  
Praise me  
Turn your back and hate me  
Every time you waste me  
Keep me underneath your thumb

You bleed on the sheets  
Whisper softly how you love the stars  
Then plead on your knees  
Pledge your promises to do no harm  
But please just let me be  
I still find it hard to breathe

Save me even as you break me  
Every time you rape me  
Leave me coming all undone  
Praise me  
Turn your back and hate me  
Every time you waste me  
Keep me underneath your thumb

Save me even as you break me  
Every time you rape me  
Leave me coming all undone  
Praise me  
Turn your back and hate me  
Every time you waste me  
Keep me underneath your thumb  
Save me  
Don't turn your back and break me  
Every time you rape me  
Leave me coming all undone

Down

Well you can take back all the  
smiles  
I realize that you choke me out  
as you fill my body with doubt  
Save all that's mine  
You feel like you can push me  
around  
And rub my face in the ground

With every lesson that you feel  
is mine  
You've got to throw it all upon  
me  
Why'd you have to put me down  
And every breath you take is  
killing mine  
You can't just throw it all upon  
me

Why'd you have to put me down  
Wish I could take back all that's  
mine

I realize now I'm so run down but  
I know I will figure it out  
Please stay awhile  
I really think I need this more  
than I have ever implied





With every lesson that you feel is mine  
You've got to throw it all upon me  
Why'd you have to put me down  
And every breath you take is killing mine  
You can't just throw it all upon me  
Why'd you have to put me down

I guess I'm just another distraction  
But who can blame me for wanting more

With every lesson that you feel is mine  
You've got to throw it all upon me  
Why'd you have to put me down  
And every breath you take is killing mine  
You can't just throw it all upon me  
Why'd you have to put me down

And every inch you take is suicide  
Why'd you fucking doubt me  
Why'd you have to put me down  
And every breath you take is killing mine  
Why'd you fucking doubt me  
Why'd you have to put me down

Betrayed desire for need  
But I'm giving up  
Yeah I'm giving up

You've got me right where you want me  
You've got me feeling so small  
You've got me right where you want me  
I'll never deliver myself

You wear out and lay claim to my mind  
Get out I'm begging you please

You're so excited to bleed  
You've got me on my knees  
Betrayed desire for need  
But I'm giving up  
Yeah I'm giving up  
But now I deliver myself



Now I'll take the blame so forget my name  
Just close the blinds so I can come down  
I'm naked and shamed  
Moth to the flame  
Just take my hand so we can both drown

I'll never believe in you again  
I'll never forgive those things you said  
My only relief is gone and dead I'll never  
Forsake myself again

The same sweet game  
Your halo is a flame  
Feel my heart race and breathe a sad sigh  
Let me wash away and let go of the pain just  
Look away and turn a blind eye

I'll never believe in you again  
I'll never forgive those things you said  
My only relief is gone and dead  
I'll never forsake myself again

I'll never believe in you again  
I'll never forgive those things you said

My only relief is gone and dead  
I'll never forsake myself again

So hold me down if I feel  
stronger I don't feel no longer  
So hold me down if I feel  
I'm stronger I don't feel no longer  
So hold me down if I feel  
I'm stronger I don't feel no longer

I'll never believe in you again  
I'll never forgive those things you said  
My only relief is gone and dead  
I'll never forsake myself again



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Seether is:  
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